

Guidance: treating enteral stoma site overgranulation

PREVENTION	<ul style="list-style-type: none">Ensure stoma site is cleaned daily and thoroughly dried to avoid moisture built upEnsure that fixation device is secured 0.5cm from abdomen to reduce tube movement within tract and use securement device such as Cinch to hold end of tube
GP / DOCTOR	<ul style="list-style-type: none">Refer patient to GP/ ward doctor for initial review of stoma siteFollow guidance as per steps below
TREAT & REVIEW	<ul style="list-style-type: none">Clean stoma site 2-3 times daily with Prontosan washApply steroid cream according to grade of overgranulation (see below)Ensure this is applied to granulomatous tissue only, not to normal skinApply Non-adhesive Polyurethane Foam dressing (ie Aquacel foam non adhesive 5x5cm) as a compressive keyhole dressing twice daily or as needed. If skin sensitive to dressings, use dry gauze as keyhole dressing.Ensure the fixation plate is secured firmly over the top of the dressingEnsure the tube itself is secured to the abdomen (eg with Cinch device)Review stoma site at least every 2 weeks and adjust treatment accordingly
Step 1: mild overgranulation	<ul style="list-style-type: none">Mild potency steroid cream such as 1-2.5% Hydrocortisone cream applied twice daily after cleaning affected area with Prontosan washIf no improvement after 2 weeks, treat as for step 2
Step 2: moderate overgranulation	<ul style="list-style-type: none">Moderate potency steroid cream such as Clobetasone Butyrate (Eumovate) applied twice daily after cleaning affected area with Prontosan washReview at least every 2 weeksIf no improvement after 6 weeks, treat as for step 3
Step 3: severe overgranulation	<ul style="list-style-type: none">Potent steroid cream such as Betamethasone 0.1% applied twice daily after cleaning affected area with Prontosan washReview at least every 2 weeks
MONITOR	<ul style="list-style-type: none">Once stoma site has healed ensure prescribed steroid cream and dressings are discontinued and Prontosan wash amended to once daily maintenance doseContinue to monitor the stoma site daily for signs of the overgranulation returning and ensure that the tube is secured firmly to the abdomen at all times
REFER	<ul style="list-style-type: none">If no improvement to stoma site having treated as for steps 1-3, complete the enteral referral form on EPR