



Professional Nurse Advocate



Lizel Muyo
PNA Lead

Matron for Neuro Behavioural Service,
Coach

As a PNA, I'm passionate about helping nurses thrive. Through creating psychological safety in every RCS session, I aim to provide a supportive space where you can build confidence, develop as a future leader, and achieve meaningful personal and professional growth, while driving positive, lasting improvements in the workplace.



Chris Steward

Trainee Advanced Clinical
Practitioner (ACP)
Ventilation services

I am a Trainee Advanced Nurse Practitioner working within the ventilation units. As a Professional Nurse Advocate, I support colleagues through reflection and guidance, fostering resilience and professional growth. I have a strong interest in education and professional development and am committed to helping staff enhance their skills and confidence whilst driving improvements in patient care.



Justin Finbow

Matron for Specialist Nursing Home
/Lead for Professional Practice and
Education and Pathway to
Excellence Programme Director.

In my role as a Professional Nurse Advocate, I have a particular interest in leadership and team dynamics. I am passionate about creating environments where teams can thrive, recognising that strong team culture is central to professional growth, collaborative practice, and the consistent delivery of safe, high-quality care.



Jinnel Kado

Trainee Advanced Clinical Practitioner for
Specialist Nursing Home.

I will be supporting our specialist nursing homes service. I'm here to offer confidential guidance, support staff well-being, and help you reflect and develop professionally; so we can continue providing the best care for our patients/ residents. I'm especially dedicated about compassionate care, team development, and creating a positive, supportive environment for both staff and patients.



George Sarpong

Registered Nurse Manager
at Jack Emerson Centre

I am Passionate about supporting staff in appraisals, revalidation and overall career discussions. Exploring enabling environments to support staff growth and development.



Memory Maphosa

Ward Manager
Goodman House

As a Mental Health Nurse I am passionate about applying my skills to support and enhance staff wellbeing in my role as a PNA.



Jobelle Baluis

Trainee Advanced Clinical Practitioner

Neuro Behavioural Service

As a PNA working in Neuro Behavioural service, I am passionate about supporting colleagues to feel heard and valued. Through restorative supervision, I believe we can create safe space that promote staff reflection, resilience and well-being to ensure we can provide the best person-centred care.