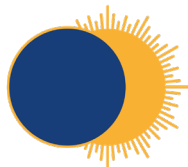




Beauty treatments

at the



Royal Hospital for
Neuro-disability

Beauty treatments at the RHN

Who are our beauty therapists?

Beauty therapists are experienced with professional qualifications: British Association of Beauty Therapy and Cosmetology, ITEC and VTCT Diploma.

Therapists are insured and registered with either BABTAC or FHT Association of Clinical Therapists.

What do we offer?

Each and every treatment is customised to you and your needs.

You can access beauty treatments at the RHN after completing a referral form, which you can get from your ward administrator. After the initial assessment, and given that there are sufficient funds in your account, your treatments will begin.

What is massage?

Massage involves working the soft tissue of the body to improve health and general wellbeing. As part of supportive care, gentle massage focuses on providing comfort and support through the relief of symptoms such as pain or agitation.

Massage is a wonderful antidote to stress, and is especially important for patients who are wheelchair- or bed-bound, as massage improves circulation and encourages better lymphatic drainage.

Massage can be given while either seated in a wheelchair or in bed. It can be given through clothing, or directly in contact with skin using unscented base oils or cream.

Treatments include:

Prescriptive facial

The treatment is adapted to all skin types.

This is a blend of deep cleansing, followed by a skin exfoliation to remove any congestion.

Facial massage is used to release tension and the application of a customised, soothing masque balances and hydrates your skin. You'll get a calming mask and a hands, feet or shoulders massage to relax your body and enhance wellbeing. The subsequent toning and moisturising finishes the treatment.

Eyebrow shaping

A trim of the unwanted hair of your brows, to avoid a bushy look and create the perfect arches.

Eyebrow tinting

A patch test is required 24 hours in advance of the first tint.

The eyebrow tint is a form of semi-permanent vegetable dye, formulated specifically for use on your eyebrows to enhance colour, shape, and thickness. The benefits are immediate.

Manicure

Your fingers are soaked to soften and moisturize dry, damaged cuticles, and add moisture to brittle nails. Your nails will be shaped and finished with a luxurious hand massage, skin-moisturising treatment and nail painting.

This manicure service will leave your hands softer, and your cuticles stronger and refreshed. For Infection Control purposes, a personal nail kit will be provided with a one-time fee of £4.

Japanese manicure

A Japanese manicure involves an ancient Japanese technique of buffing nutrients deep into the nail bed, to achieve nails brimming with health. The nails are buffed all over, and a nutrient-rich paste is applied.

Hair removal

Hair removal cream is an easy, painless and effective way to remove unwanted hair from your face, arms or legs, and leaves your skin feeling smooth and hydrated. A patch test is required in advance of the first application.

Pedicure Treatment

Includes nail shaping, cuticle work, foot and calf massage, moisturizer, and polishing or painting.

Beauty therapy fees and timings

Prescriptive facial	
50 minutes	£40
Eyebrow shaping	
30 minutes	£8
Eyebrow tinting	
30 minutes	£10
Manicure	
60 minutes	£20
Japanese manicure	
60 minutes	£24
Hair removal	
30 minutes	£20
60 minutes	£38
Pedicure	
60 minutes	£25



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