

Enhanced Flexi-Seal® Protect Plus Fecal Management System (FMS) Competency Checklist for Healthcare Professionals

CRITICAL COMPETENCIES	MET	NOT MET	COMMENTS
Patient Selection			
1 Checks for appropriate patient selection criteria <ul style="list-style-type: none"> • Liquid to semi-liquid stool • Adequate sphincter tone • No contraindications (identified in package insert) 			
2 Performs a digital rectal examination to evaluate suitability for insertion of device			
3 Obtains physician order per facility policy			
Insertion Competencies			
1 Obtains appropriate equipment <ul style="list-style-type: none"> • Flexi-Seal® Protect Plus Fecal Management System kit • Gloves • Incontinent pad • Lubricant • Protective barrier 			
2 Pre-assembles the system, removes air from the balloon and fills syringe with no more than 45 ml of sterile water			
3 Positions patient in left-side lying position or other appropriate position			
4 Demonstrates proper insertion technique and positions balloon beyond the external orifice/rectal sphincter and well inside the rectal vault before inflating			
5 Describes the appearance of the patient specific signal indicator when the balloon is properly inflated			
6 Understands that once the patient specific signal indicator shows proper balloon inflation, no more fluid should be added after indicator is popped out, even if the balloon volume is less than 45 ml			
7 Describes what to do in the event of improper balloon inflation			
8 Checks for proper positioning of the balloon against the rectal floor by gently pulling on the catheter			
9 States the position of the black indicator line after insertion and makes a note of the location in the patient's chart			
10 Understands that the insertion date of the system should be recorded on the date sticker provided in the kit. Demonstrates the proper placement of the sticker on the 'landing zone' of the beaded strap.			
11 Demonstrates how to hang the collection bag at the bedside			
Maintenance Competencies			
1 Demonstrates how to correctly irrigate the catheter			
2 Demonstrates method for changing collection bag per hospital protocol			
3 Demonstrates procedure for stool sampling according to hospital protocol			
4 Demonstrates procedure for the administering medication via the irrigation port			
Removal Competencies			
1 Describes clearly the indications for removal of the device			
2 Demonstrates how to deflate the balloon prior to removal of the device			
3 Describes how to dispose of the device according to institutional protocol for disposal of medical waste			
4 Cites the maximum length of use of Flexi-Seal® Protect Plus FMS as 29 consecutive days			