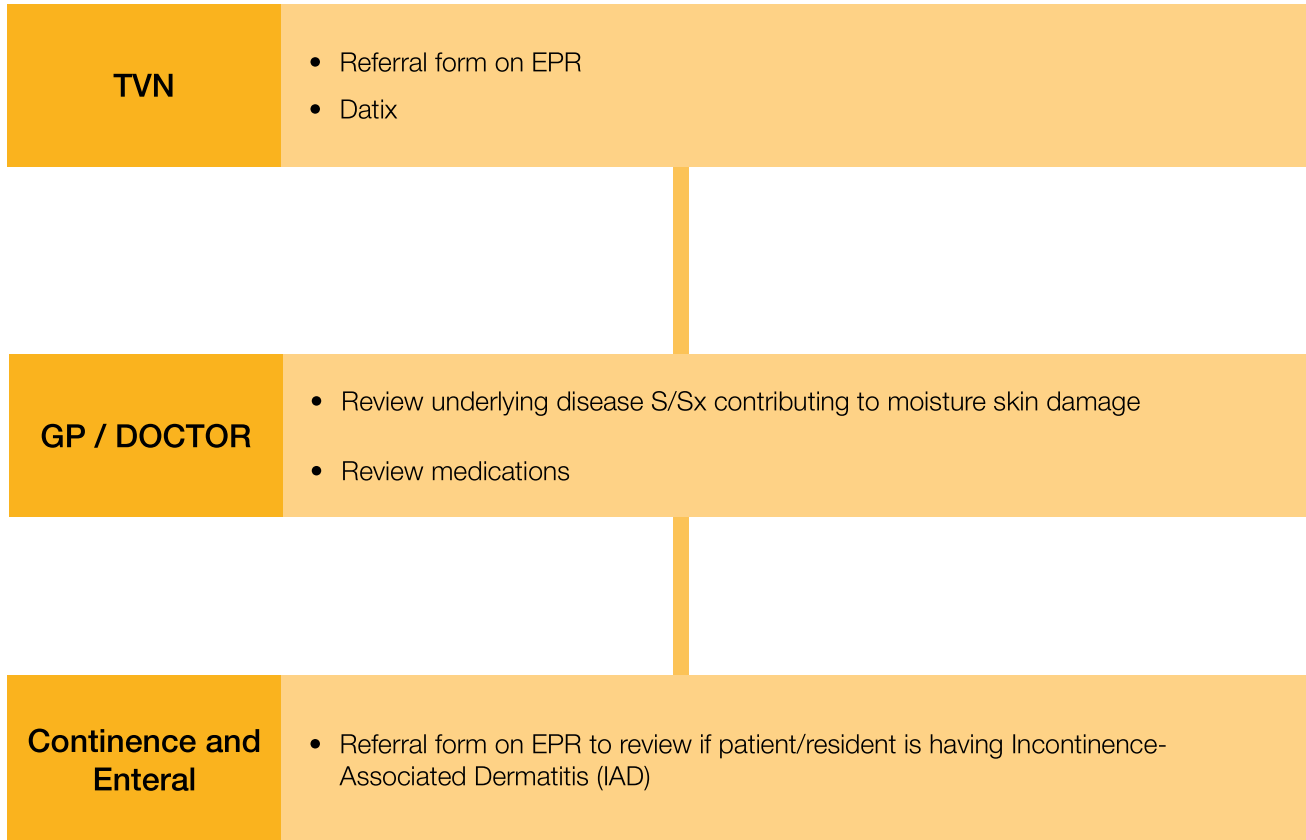


Guidance: Moisture Associated Skin Damage

v1 April 2023







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v1 April 2023

Moisture Associated Skin Damage is an umbrella term that describes the spectrum of damage occurring in response to prolonged exposure of a patient's skin to perspiration, urine, faeces and stoma/wound exudates. It is commonly referred to as 'Moisture Lesions'

Types of MASD

Types of MASD				
Diagnosis	Incontinence-associated dermatitis	Intertriginous dermatitis	Periwound moisture-associated dermatitis	Peristomal irritant contact dermatitis
Source	Urine Liquid stool	Perspiration	Exudate	Urine or faecal effluent
Description	Erythema and inflammation of the skin, sometimes with erosion or denudation	Erythema and inflammation of the skin inside and adjacent to skin folds, sometimes accompanied by erosions or denudation	Erythema and inflammation of the skin within 4cm of the wound edge, sometimes accompanied by erosions or denudation	Erythema and inflammation of the skin around the stoma, at times accompanied by denudation

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Routine daily skin care - healthy intact skin

- Clean site following each episode of incontinence (urine, faeces)
- Apply **Cavilon cream**



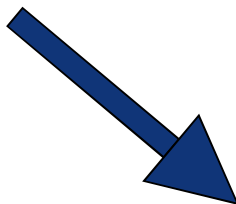
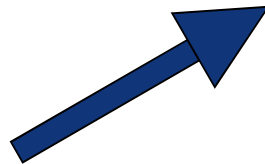
IAD - redness of skin only no broken sites

- Clean site following each episode of incontinence (urine, faeces)
- Apply Contiplan wipes over affected sites and leave in place; change Contiplan sheets when dry



IAD - evolving and persistent redness with broken skin

- Use Proshield foam/spray to clean affected sites with each episode of incontinence (urine, faeces) – full substitute to soap and water
- Proshield foam/spray can be applied directly to a dry wipe or directly to affected skin to be cleaned, wipe the skin clean gently. No need to rinse.
- Apply Proshield skin protectant barrier cream liberally over affected skin after cleaning site



Healed

- Continue with routine skin care

Refer

- If no improvement, refer to TVN by completing TVN referral form on EPR