

## Guidance: Burns and Scald v1 April 2023

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| <b>TVN</b>                    | <ul style="list-style-type: none"><li>• Referral form on EPR</li><li>• Datix</li></ul>  |
| <b>GP / DOCTOR</b>            | <ul style="list-style-type: none"><li>• Refer patient to GP/ ward doctor for initial review of site</li></ul>   |
| <b>TREAT Thermal burns</b>    | <ol style="list-style-type: none"><li>1. Stop the burning process if safe to do so</li><li>2. Remove non adherent clothing and restricting jewellery</li><li>3. Within 20 minutes of the injury, irrigate the burn with cool or tepid running water for 15 – 30 minutes. If water is not available, use wet towels or compresses</li><li>4. *Do Not use ice or very cold water as it may cause vasoconstriction and may deepen the wound</li><li>5. Ensure patient is kept warm to avoid hypothermia</li><li>6. Cover the burn using a film dressing (i.e. Tegaderm film, Opsite)</li><li>7. Elevate the affected area if possible, to reduce the risk of oedema</li><li>8. Offer pain relief for mild to moderate pain</li></ol> |
| <b>TREAT Electrical burns</b> | <ol style="list-style-type: none"><li>1. Arrange immediate admission to A&amp;E</li></ol>   |
| <b>TREAT Chemical burns</b>   | <ol style="list-style-type: none"><li>1. Remove affected clothing</li><li>2. Irrigate the burn with copious amounts of water for about an hour</li><li>3. If the chemical is in a dry form, wipe off the skin</li><li>4. Cover the burn using film dressing (i.e. Tegaderm film, Opsite)</li><li>5. Arrange immediate admission to A&amp;E</li></ol>  |
| <b>Review</b>                 | <ul style="list-style-type: none"><li>• Irrigate burn site with Prontosan solution</li><li>• Change dressing – if dry, continue using film dressing (Tegaderm film, Opsite); if with discharge use adhesive foam (Allevyn gentle border)</li></ul>  |
| <b>Healed</b>                 | <ul style="list-style-type: none"><li>• Continue routine skin care, moisturise the site well</li></ul>  |
| <b>REFER</b>                  | <ul style="list-style-type: none"><li>• Refer – If no improvement to burn site, refer to GP/ward doctor for follow up review and TVN by completing the TVN referral form on EPR.</li></ul>  |