

Action plan: What to do in case of a sharps injury, exposure to bodily fluids, bites or scratches



1 Wash the affected area gently with plenty of soap and water.



2 Encourage bleeding by squeezing site if a puncture wound.



3 Irrigate with water if splashing into eye (or other mucous membrane) has occurred.

Note: do not scrub area or use a nailbrush.



4 Cover with a waterproof dressing if appropriate.



5 Inform the senior member of staff on duty immediately.



6 Go to the nearest Accident and Emergency Unit **immediately**. Take with you information on the source patient as well as yourself.



7 Complete an incident form.

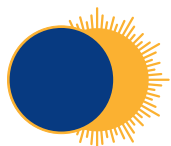


8 Attend Occupational Health as soon as possible.

Occupational Health departments:

- Please inform your ward manager or line manager of the incident as soon as possible.
- They must complete an occupational health referral for staff follow-up.

It is vital that you report each incident via DATIX when it occurs.



Royal Hospital for
Neuro-disability